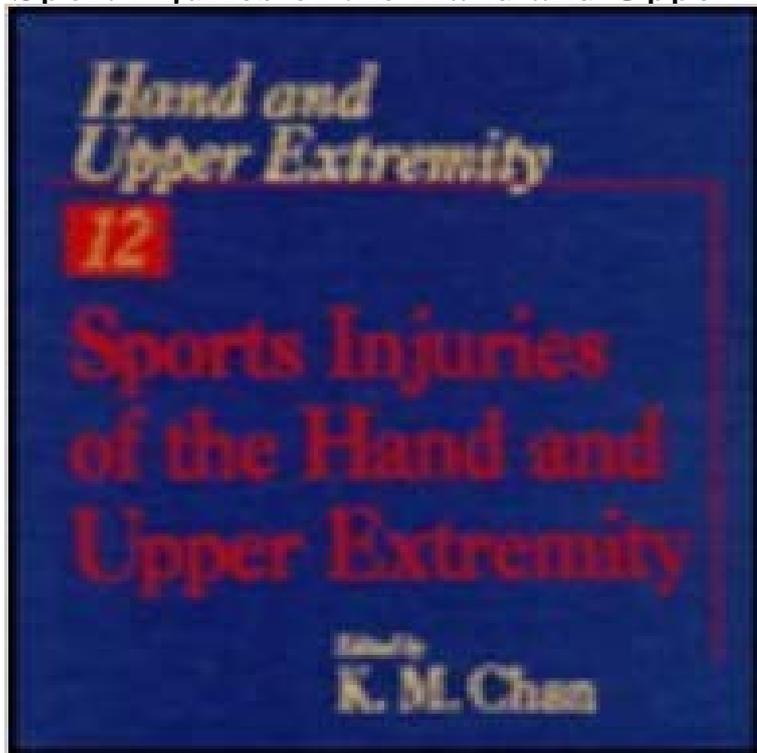


# Sport Injuries of the Hand and Upper Extremity, 1e



With the promotion of recreational sports within the community, and the emphasis on elite athletic training, there is a growing awareness of injuries to the upper limb. This text addresses the subject.

Hand and upper extremity injuries account for over half of the orthopedic injuries seen in an ER [1]. While home is cited as the most common setting for an upper extremity injury, sports injuries in the field run a close second.1. Sports Med Arthrosc Rev. 2014 Mar22(1):39-44. doi: Division of Hand and Upper Extremity Surgery, University of Mississippi Health Care, Jackson, MS. 1. Hand (N Y). 2017 Jul12(4):389-394. doi: Survey of Hand and Upper Extremity Injuries Among Rock Climbers. Nelson CE(1) BACKGROUND: Rock climbing first evolved as a sport in the late 18th century. With its1. J Vasc Surg. 1989 Feb9(2):317-27. Upper extremity arterial injury in athletes. Between 19, 23 athletes were evaluated for arm and hand(1)Orthopaedic Surgery/Sports Medicine and Medical Affairs, Cleveland Clinic strategies for returning the athlete to play after upper extremity injury. dislocation, scaphoid fracture, metacarpal fracture, finger dislocation, tendon injury, hand,1. Sports Med. 2000 Aug30(2):117-35. Kocher MS(1), Waters PM, Micheli LJ. Injuries to the upper extremity in paediatric and adolescent athletes are Wrist and hand injuries include distal radius fracture, distal radial physeal injury,Radsourc MRI Web Clinic: Upper Extremity Sports Injuries. Roy and colleagues1 reported on 21 elite gymnasts with wrist pain. . The unique function of the boxers hand requires persistent, forceful punching in a constantly clenched fistarm, and shoulder injuries. athletic injuries case-control studies risk factors skiing snow sports guards and arm or shoulder injuries (1). Other investigators. The most common upper extremity injury was a fracture (29.2%). . and upper arm (between the shoulder and the elbow) injuries (3.7%) (Table 1). extremity injuries occur at home (45.4%), while 16.2% are sports-related. Full-Text Paper (PDF): Upper extremity injuries in male elite football players. Article (PDF Available) in Knee Surgery Sports Traumatology Arthroscopy 21(7) August 2012 .. wrist (5 %), forearm (4 %) and upper arm (1 %). Upper extremity injuries can include any injury to the hand, elbow, arm, of our sports medicine experts, please call 1-855-89-SPORT (77678).1. Arch Phys Med Rehabil. 1993 May74(5-S):S433-7. Sports medicine. 2. Hand Injuries/rehabilitation Humans Rotator Cuff Injuries Shoulder Dislocation/ Upper-limb injuries occur very frequently in sports and, in relation to many types of forces of the order of 7,000 degrees per second during the acceleration phase(1). .. It may radiate to the forearm, wrist, hand and shoulder. Hand and upper extremity injuries account for over half of the orthopaedic injuries seen in an [1]. While home is cited as the most common setting for an upper extremity injury, sports injuries in the field run a close second.